



ADHWANA
Always Widening Perspectives

ANNUAL REPORT

FOR THE FINANCIAL YEAR 2024-25





**ADHWANA KERALA FORUM OF PARTNERS IN FUNCTIONAL
VOCATIONAL TRAINING**

(Reg.No.20/2002)

ANNUAL REPORT 2024-25

1. INTRODUCTION

Annual Report 2024-25 is presented before the members of the General Body and all concerned. The report covers, in brief, the programs and projects during the reporting period as well as reaffirming the vision, mission and organizational objectives. This is the 23rd Annual Report of Adhwana.

On January 9, 2025, Adhwana passed through 23 years of dedicated service to humanity. Our efforts remained focused on promoting livelihood sustainability, particularly for the youth, through skill development programs that are mindful of gender and environmental perspectives. Despite facing a range of challenges, especially in resource mobilization, we have steadfastly upheld our vision and mission.

2. ADHWANA AT A GLANCE

ADHWANA, is a non-governmental, non-profit-making development and charity organization registered in 2002 in India under the Societies (Registration) Act XXI of 1860. It is founded, governed and managed by a group of people committed to the integrated and sustainable development and welfare of the human beings and nature, striving to widen its perspectives, in tune with the changing times.

A Historical Overview

Adhwana was originally founded to explore and strengthen the backward and forward linkages of functional vocational training for economic and social empowerment of the marginalized school dropout youth in Kerala. During the first five years, Adhwana established itself in Kerala as an NGO capable of organizing and conducting capacity building exercises for the development practitioners associated with NGOs in Kerala and in India. Some of the major interventions during the period were in the areas of training, researches and studies, monitoring and evaluation and participatory planning program for project management. The sole focus during this period (2002-2007) was livelihood promotion through vocational training for the school dropout youth. The next five years (2008-12) saw the organization widening its

perspectives to include environment conservation and gender mainstreaming within its focus areas in addition to sustainable livelihood. During this time, Adhwana has also extended its purview to other deserving target groups and communities. Dalits, fish workers, small artisans, small farmers, students, and children had been reached out during this period with specific projects. We have completed the third five-year period (2013-2018) wherein more and more village-based programs and projects were implemented and the marginalized communities were reached out with support for enterprise development, self-employment promotion and social education. During the fourth five-year period (2019-2023), *Adhwana* has, additionally, been committed to serve the people affected by natural and manmade disasters through disaster communication, volunteer preparedness, relief, reconstruction and development of the affected families in collaboration with our networks of individuals and Organizations. The current and fifth five-year period (2024-28), more intensive activities have been carried in the sectors of skill development for employment and self-employment, housing, disaster management, eco-feminism, child rights, care and protection, health and sanitation and marine eco-system.

3. VISION STATEMENT

A social order promoting justice, equality and freedom in a secular and democratic milieu.

4. MISSION STATEMENT

Adhwana's mission is to empower individuals, organizations and communities by supporting them to find out their strengths and potentials to achieve their personal, institutional and community goals.

5. ORGANIZATIONAL GOALS

- Better livelihood opportunities among the marginalized groups, better environment for all, women empowerment and gender equity, better health and sanitation, basic education for all and land and housing for all.
- A Resource Organization providing training and consultancy services to NGOs and others.
- A Research organization to support policy and planning for development.
- Strong networks, teams and other platforms for frequent discussions on sustainable development.

6. LEGAL STATUS

- Registered under Societies Registration Act XXI of 1860
- PAN under Income Tax Act 1961
- Registered u/s 12AA of Income Tax Act 1961
- Registered u/s 80G Income Tax Act 1961 (50% of the donations are tax exempted)
- Registered under FCRA 1973 and renewed in 2010 and in 2023
- Registered with NITI Aayog
- Registered under Ministry of Corporate Affairs for CSR funds

7. MAJOR INTERVENTIONS DURING 2024-25

Major sectors in which Adhwana had interventions this financial year were livelihood sustainability, gender mainstreaming and women empowerment, child development and social security.

7.1. Livelihood: Skill Development for Employment and Self-Employment

Adhwana has strengthened its original mission of promoting livelihood opportunities of the poor and weaker sections through functional vocational skill training programs, entrepreneurship development programs and income generation programs.

We are holding the responsibility of operations and management of two Community Colleges where young school and college dropout boys and girls are provided skill training in various gainful trades.

St. Xavier's Community College (SXCC), Chakka, Trivandrum

During 2024-25, Adhwana got involved in skill development of the dropout youth. It was also an opportunity to follow up of our initiative to promote community colleges for the dropout children and youth. St. Xavier's Community College has trained 195 dropout children / youth, 128 females and 67 males, hailing from very poor families in coastal and other backward areas in Trivandrum District. They were trained in six trades which have high demand in the job market. The courses are accredited by National Institute for Open Schooling (NIOS).

Table No. 1: Beneficiaries of SXCC in 2024-25

Sl. No.	Trades	Males	Females	Total
1	Community Health/Nursing Assistant	12	102	114
2	Data Entry	10	20	30
3	Basic Computer Operations	-	6	6
4	Electrical Technology	18	-	18
5	Plumbing Technology	13	-	13
6	Welding Technology	14	-	14
	TOTAL	67	128	195

It is heartening to report that 70% of the students are already employed in various firms or self-employed, thanks to the support of HILFSWERK HILFE ZUR. Hospitals and industrial estates are the major employers.

Fathima Matha Community College (FMCC), Karumkulam, Trivandrum

Adhwana is involved in the operations and maintenance of another community College, namely, Fathima Matha Community College (FMCC) located in the rural coastal village of Karumkulam which caters to the training needs of the poor rural youth from southern side of the district. The same trades are provided to a substantial number of youths in FMCC, too. The project was financially supported by HILFSWERK HILFE ZUR.

Table No. 2: Beneficiaries of FMCC in 2024-25

SL. No.	Trades	Males	Females	Total
1	General Duty Assistant (GDA)/ Nursing Assistant	4	63	67
2	Data Entry	2	1	3
3	Basic Computer Operations	0	0	0
4	Electrical Technology	12	0	12
5	Plumbing Technology	12	0	12
6	Welding Technology	10	0	10
	TOTAL	40	64	104

Support for reconstruction and development of the social fabric of families of victims of the Ockhi Cyclone

Adhwana has implemented this year a project namely 'Support for reconstruction and development of the social fabric of families of victims of the Ockhi Cyclone' in Trivandrum District and Kanyakumari District. The project had activities related to livelihood promotion with vocational skill development, entrepreneurship development and income generation programs. 28 families were covered by these activities.

Table No. 3: Beneficiaries of Vocational Skill Development Training (VSDT)

SL. No.	Trades	Females
1	VSDT in Fish vending Outlet management	8
2	VSDT in Dry Fish Making and Sales	8
3	VSDT in auto taxi driving and management	4
4	VSDT in management of Photostat and DTP Centres	8
	TOTAL	28

Table No. 4: Beneficiaries of Entrepreneurship Development Program (EDP)

SL. No.	EDP	Males	Females	Total
1	EDP for 8 persons involved in DTP and Photostat Units management	-	8	8
	TOTAL	-	8	8



Table No. 5: Beneficiaries of Income Generation Programs (IGPs)

SL. No.	Name of IGPs	No. of Families
1	Fishing Boats	10
2	Fishing Boats and Engine	10
3	Fishing Nets and other accessories	10
4	Fish Vending Outlet	4
5	Dry Fish making and sales units	4
6	Auto Taxi	4
7	DTP & Photostat Centres	4
	TOTAL	46





7.2. Housing

Adhwana has initiated major interventions in the sector of housing. While Valiyathura housing project initiated in FY 2023-24 remains to be completed, three new projects were commenced this reporting year with an outlay of financial resources for 33 houses for 33 families at a contribution of Rs. 4,00,000/- per house. The total budget for the house construction is Rs.5,00,000/-The beneficiary will find out the remaining amount to complete the house.

Special Housing Project

Under this project, construction of 14 houses is planned to be completed by the end of 2025-26. Though the funds were available in the beginning of FY 2024-25, the implementation got delayed due to certain technical constraints. The implementation involved identification of beneficiaries based on certain criteria, which includes ownership of at least 3 cents of land by the beneficiary. Before the foundation for the house as per the plan suggested by Adhwana is laid, the first instalment of funds will be disbursed digitally directly to the beneficiary. The beneficiary is responsible to purchase building materials and hire labourers and timely completion of the house. The total support of four lakhs of rupees will be disbursed in three instalments. \

Trivandrum Housing Project

Trivandrum Housing Project was planned to construct 14 houses during 2024-25 and 2025-26. The implementation has already started with 14 houses.

Pozhiyoor Housing Project (PHP)

By this financial year (2024-25), plan for mobilizing resources for 10 houses was made and it was possible to secure funds for 5 houses by the end of 2024-25. The implementation will commence in the first months of 2025-26.

Table No. 6: Summary of Housing projects

SL. No.	Projects	No. of Beneficiaries Locations
1	Valiyathura Housing Project	4
2	Trivandrum Housing Project	13
3	Special Housing Project	11
4	Pozhiyoor Housing Project	5
	TOTAL	33

House Maintenance

Housing sector requires support for house maintenance. During this financial year, four houses were maintained with necessary repair and fixtures.

7.3. Disaster Management

As part of the continued support to the victims of Ockhi cyclone in 2017, a package for reconstruction and development of the victim families was implemented with various interventions such as education support (uniforms, travel and tuition fees) for children in victim families, livelihood promotion programs with entrepreneurship development programs, vocational skill development programs, income generation programs, etc. Prior to these inventions, the victim families had received substantial support for their rehabilitation. The present package of assistance was therefore meant for reconstruction and development. The details are given in the respective sectors in this report.

7.4. Sustainable Environment

Eco-feminism and Environment Conservation

Adhwana has received financial support from Calcutta Ondoan, Spain to take up interventions in the areas of women empowerment and environment conservation. The project which commenced in 2023-24 continued till July 2025, focused on women's intensive involvement in conservation of ecology, involving adolescent boys and girls in the process. The programs and activities continued this reporting year, too. For clarity's sake, we put up the nutshell of the project.

Strengthening of structures and processes to support the project, prevention of gender violence, women and the environment, economic empowerment through income-generating activities, engagements with Local Self Government Institutions were the major activity components.

Conservation of Marine resources



Adhwana's concerns for environment was extended to conservation of marine ecology and resources. During the reporting year, a one-day dialogue and discourses was organized by Adhwana in collaboration with South Indian Federation of Fishermen Societies (SIFFS) and Trivandrum Social Service Society (TSSS), on October 19th, 2024, focusing on "Marine Resource Diversity and Livelihood Sustainability of Fishing

Communities, with Special Reference to Trivandrum" at the TSSS Golden Jubilee Hall, Vellayambalam. This event aimed to address the increasingly critical issues surrounding marine biodiversity and sustainable livelihoods for the fishing communities.

The discourse was part of a function to recognize and appreciate Mr. Robert



Panippilla, the author of the book in the context of inclusion of the chapter 'Kadaladithattatile Mayakachakal' in the BA Malayalam Syllabus of the University of Kozhikode from the book 'Kadalarivum Neranubhavalum'.



Msgr. Eugene H. Pereira, Vicar General of the Latin Archdiocese of Trivandrum, formally inaugurated the seminar, highlighting the role of the church in supporting marginalized groups through sustainable initiatives and the linkage between environmental sustainability and social responsibility. The keynote address was delivered by Dr. A. Biju Kumar, Dean and Head of the Department of Aquatic Biology &

Fisheries at the University of Kerala. He pointed out that traditional knowledge related to marine biodiversity was disappearing. Dr. Biju Kumar discussed the threats posed by overfishing, habitat degradation, and climate change. He urged for immediate interventions to protect marine ecosystems while balancing livelihood needs.

His insights were followed by the book review by Sri. Berchmans, who exposed the personal and passionate style of writing by the author and its literary merits in addition to the detailed description of author's experience of the Sea.



The seminar included a panel discussion felicitated and moderated by Mr. Joseph, CEO of SIFFS, with Mr. Robert Panippilla, and Mr. Justin Raj, an occupational scuba diver. The panellists discussed

issues such as resource depletion, policy gaps, and the role of community participation in sustainable fishing practices. The interactive discussion emphasized the need for collaboration between government, civil society, and local communities to address these challenges. Following the panel discussion, a plenary session was held, allowing participants to ask questions and share their experiences, which



further enriched the conversation.

7.5. Combating Domestic Violence

Adhwana as an organization took up the issue of Domestic Violence this year with an unprecedented focus. Many activities and processes were carried out throughout the year.

UNARVU: Service Providing Centre for Victims of Domestic Violence

The Service Providing Centres provide free legal assistance to the ailing women from domestic violence and also to provide them with shelter, primary medical aid and assistance of clinical psychologist in needy cases. Women Child Development Department of Government of Kerala is the current implementing agency of the Protection of Women from Domestic Violence Act 2005 (PWDV Act, 2005) under Women Empowerment Programme through the Service Providing Centres (SPCs). All the SPCs will have a Woman legal counsellor present in the office for three days in a week and minimum 3 hours per day. Time schedule of the legal counsellor is displayed in the notice board of the SPC.

The Service Providing Centres provides free legal assistance to the ailing women from domestic violence and also to provide them with shelter, primary medical aid and assistance of clinical psychologist in needy cases. This project aims to create awareness on social, legal, and personal safety issues by organizing various educational sessions in vulnerable communities. Through collaboration with experienced resource persons, the SPC effectively addresses topics such as digital literacy, legal rights, parenting strategies, and protection laws. By empowering individuals with knowledge, the SPC strives to build safer environments and improve social awareness among marginalized groups.

a. Awareness programs

During the financial year (2024-25), Adhwana SPC organised 21 awareness programs in five Grama Panchayats (Pothencode, Azhoor, Mangalapuram, Andoorkonam and Kadinamkulam) mainly on the provisions of PWDV Act 2005 in view of equipping victims of domestic violence to address their problems with the support of the systems available. The topics included definition of domestic violence, ways to report instances, filing Domestic Incident Reports (DIRs) and petitions in the Courts of Law, services of Legal Counsellor, services of SPCs, services of the Police and services of Women Protection Officer and the District Office.



Additionally, various sessions were conducted to educate women about digital literacy and its impact on women, to provide guidance on parenting strategies and adolescent safety, to raise awareness about women's rights, to equip communities



with skills to recognize and report abuse and to strengthen public understanding of cyber safety and substance abuse prevention. Moreover, these sessions discussed the issues of substance abuse, parenting, good touch and bad touch, violence against women in general, POSH Act, POSCO Act, etc.

Adv. Rakhi V.R., Legal Counsellor of Adhwana SPC, Avani L.S., Program Coordinator of Adhwana, Adv. Mary John J.,

Chairperson of Adhwana, Adv. Viswajith, Adv. Sangeetha, Dr. Sunitha (WPO-TVM), Dr. Francina (LCSS), Dr. Shruti, Gynaecologist, Smt. Bindu were the main resource persons who facilitated awareness programs.

Table No. 7: Details of Awareness Programmes

SL No	Date	Venue	Topic
1	18.05.2024	Khan colony, Mangalapuram GP	Adolescents and Legal Awareness
2.	24.05.2024	Kadinamkulam GP Office	Life skills
3.	27.05.2024	Thumba Kadinamkulam GP	Life skills and legal awareness
4.	24.06.2024	Perunguzhy, Azhoor GP	Good touch and bad touch
5.	27.06.2024	Sreepadam colony, Andoorkonam GP	Women protection laws
6.	26.07.2024	Manjamala, Pothencode GP	Legal awareness and Parenting
7.	29.07.2024	Manjamala, Pothencode GP	Parenting and Legal awareness
8.	09.08.2024	Thachappally, Pothencode GP	Parenting and Legal awareness
9.	30.08.2024	Pothencode GP	Parenting and Legal awareness
10.	07.09.2024	Puthukurichy, Kadinamkulam GP	Parenting and Legal awareness
11.	10.09.2024	Muttappalam, Azhoor GP	Parenting and Legal awareness
12.	11.09.2024	Perunguzhy, Azhoor GP	Parenting and Legal awareness
13.	19.10.2024	Puthukurichy, Kadinamkulam GP	Parenting and Legal awareness
14.	24.11.2024	Ayirooppara, Kadinamkulam GP	DV act as a part of Orange the World Campaign
15.	05.12.2024	Pothencode GP	DV act as a part of Orange the World Campaign
16.	10.01.2025	Kadinamkulam GP	Digital literacy and legal awareness
17.	06.03.2025	Andoorkonam GP	Parenting and Legal awareness
18.	08.03.2025	Patoor, Trivandrum	International Women's Day Celebration
19.	15.03.2025	Mangalapuram GP	Awareness About Substance Abuse

20.	17.03.2025	Kalluvila, Pothencode GP	Cyber awareness
21.	17.03.2025	Panimoola, Pothencode GP	Cyber awareness and digital safety

Table No. 8: Grama Panchayat-wise distribution of awareness programs

S.No.	Name Grama Panchayats	Number of Awareness Programs (2024-25)
1	Pothencode	7
2	Azhoor	3
3	Andoorkonam	2
4	Mangalapuram	2
5	Kadinamkulam	6

b. Sub-committee Meetings

During the reporting period, Adhwana SPC convened two sub-committee meetings.

The first meeting took place on June 15, 2024, at Adhwana, Menamkulam, with 10 participants actively contributing their insights and suggestions. Attendees included community women facilitators (CWFs) from all five Grama Panchayats of Pothencode block, along with Adhwana SPC Chairperson, Legal Counsellor Adv. Rakhi V. R., CDPO Smt. Seema Thampi, Program Coordinator Avani L. S., Project Coordinator Riyaz M. R., and Administrative Officer Rajammal John. A key outcome of this discussion was the proposal to display SPC posters at Grama Panchayat premises to raise awareness. Additionally, Adhwana NGO expressed its commitment to extending its services beyond women, offering support to other vulnerable groups, including children and senior citizens.

The second sub-committee meeting was held on December 15, 2024, at Pothencode Grama Panchayat Hall, in conjunction with the Orange the World Campaign to end violence against women. This session saw a higher turnout, with 18 participants, including all CWFs, CDPOs, ICDS supervisors, Adhwana SPC representatives, and three SPC clients. The discussion emphasized the importance of involving police officers from all police stations within the block in future sub-committee meetings. Additionally, it was recommended that the next meeting be hosted in a different Grama Panchayat to enhance community engagement. Participants also deliberated on effective strategies for enforcing protection orders with police support to ensure better implementation of safety measures.



c. International Women's Day celebrations



Sunitha, District Women Protection Officer, Thiruvananthapuram, presiding over the function.

The event featured expert discussions led by Dr. Francina P.X., Head of the Department of Social Work, Loyola College, and Dr. Shruthi S., a renowned gynaecologist, who addressed key issues related to women's reproductive health and personal hygiene. The event also recognized and honoured women achievers for their outstanding contributions in various fields. Mementos and *Ponnadas* were presented to Smt. Aswathy Varma and Smt. Chandrika (Amala) for their exemplary work in community service, Smt. Swathi Lekshmi Bijilal for her remarkable achievements in performing arts, and Smt. Annie Joseph for her significant contributions to This-Ability Mission.



Adding a creative dimension to the program, students from Loyola College presented a street play on women's issues.



The valedictory address was delivered by Adv. Shaniba Beegum, Chairperson, Child Welfare Committee, Thiruvananthapuram, who also distributed certificates of performance to participants.

The program brought together approximately 150 participants, including students from institutions such as Loyola College of Social Sciences and National College, faculty members from Loyola College and Karikkakom Sree Chamundi Vidya Peedam, members of various Kudumbasree units and residential associations, representatives from NGOs and CSOs, Self-Help Group (SHG) leaders, and local socio-political figures. Delegates from Adhwana, Samad Hospital, Bluepoint Org, This-Ability Mission Kerala, and Loyola College made the program vital and vibrant.

The event was jointly organized by Adhwana Service Providing Centre, Samad Hospital, Bluepoint Org, This-Ability Mission Kerala, and Loyola College.

d. Legal Support

Adhwana SPC provided legal support to 22 victims of domestic violence during this reporting period by way of filing 22 DIRs and MC petitions in various courts in Attingal and Vanchiyur. All the victims received protection orders from courts and their cases are pending for final disposal. Spot visits and personal counselling and accompaniment were carried out in most cases.

e. Non-DV Cases

During the reporting period, Adhwana SPC has attended 6 non-DV cases. The petitioners were provided counselling and other support to enable them to address their family and personal problems.

f. Poster Campaigns

Team Adhwana initiated Poster Campaigns on various issues this year to reach out to the public and stakeholders at a wider spectrum.

16 Days Campaign Against Atrocities Against Women

In association with the Orange the World Campaign, Adhwana Service Providing Centre conducted a 16-day poster campaign from November 25 to December 10, 2024, to combat gender-based violence and advocate for women's rights. Each day focused on a key theme, such as breaking the silence, strengthening laws, preventing abuse, supporting survivors, and promoting gender equality while the main theme "UNITE! Invest to prevent violence against women and girls" being the main focus of the campaign. The campaign emphasized men as allies, youth involvement, workplace safety, and digital security. The posters were disseminated through social media platforms such as Instagram, WhatsApp, and Facebook, ensuring widespread reach and engagement.



7 Days of Campaign for International Women's Day

To commemorate International Women's Day (IWD) 2025, observed from March 1 to March 7, Adhwana Service Providing Centre launched a 7-day poster campaign emphasizing women's leadership, economic empowerment, and gender equality with emphasis on official theme for IWD 2025, "For ALL Women and Girls: Rights. Equality. Empowerment". The campaign showcased the importance of women in leadership roles, their impact on economic growth, and the need for inclusive governance. It encouraged collective action to amplify women's voices, promote equal opportunities, and drive progress toward gender equality. Through advocacy and awareness, the initiative aimed to strengthen efforts for a more inclusive and equitable future for women. The posters were disseminated through social media platforms such as Instagram, WhatsApp, and Facebook, ensuring widespread reach and engagement.



g. Orange the World Campaign

As part of the Orange the World Campaign 2024, Adhwana Service Providing Centre conducted various activities to raise awareness and combat gender-based violence. Awareness classes on the Domestic Violence Act were held in Ayirooppara, Kadinamkulam GP on November 24 and in Pothencode GP on December 5. Legal Counsellor Rakhi V R participated in A legal awareness program took place at the Collectorate Conference Hall on November 27. Additionally, a sub-committee meeting was convened on December 15 at Pothencode GP Hall to further the campaign's objectives. Adhwana SPC also organized a 16-day poster campaign from November 25 to December 10, advocating for women's rights and the eradication of violence against women.

h. Participation in National Workshop at NIPCCD, Bangalore

Riyaz M R, Project Coordinator at Adhwana, participated in a three-day workshop on the "Effective Implementation of PWDV Act for Protection Officers and Service Providers," held from 7th to 9th January 2025 at the NIPCCD Regional Centre in Bengaluru. Organized by NIPCCD, the workshop aimed to enhance participants' understanding of the Protection of Women from



Domestic Violence (PWDV) Act, equipping them with the necessary knowledge and skills for effective implementation. Through interactive sessions, expert talks, and practical exercises, the workshop provided a comprehensive blend of theoretical and practical insights to strengthen the role of protection officers and service providers in supporting victims of domestic violence.

Results Achieved

The sessions witnessed active participation from over 504 women and girl children across various locations. Participants included adolescents, parents, and marginalized groups, enabling diverse engagement. Notably, the DV Act awareness programs strengthened the community's understanding of legal protection for women facing violence. The awareness classes successfully educated participants on their rights, enhanced digital safety skills, and provided effective strategies for parenting and adolescent well-being.

22 Victims of domestic violence are protected from further violence.

7.6. Child Rights, Care and Protection

During the reporting year, Adhwana placed significant emphasis on Child Development. The core principles of Child Rights – Survival, Development, Participation, and Protection – were prioritized in both discussions and interventions.

Vidyadarshan Education Program

Vidyadarshan project has completed four years in 2025 with 15 students who appeared in the Plus One first year examinations. This project, a self-financed initiative of Adhwana, NGO, active and passionate towards sustainable development goals (SDGs), was started during COVID with the small donations from friends and well-wishers of Adhwana and its Board members. This report reflects the status of the project and a review of its progress and achievements. Since 2024-25, Vidyadarshan is being implemented since 2024-25 in collaboration with Bluepoint Org, NGO in the area of child development and training. The report includes the summary of past programs and details of programs conducted during the reporting year while explaining a tentative plan for the next year and beyond.

a. Summary Of the Project

Vidyadarshan is an education promotion program dedicated to fostering holistic education, personal development, and character formation among students hailing from poor and moderate socio-economic backgrounds. Through a structured and inclusive approach, the program provides a secular educational environment that nurtures intellectual, emotional, and social growth. By offering a wide range of learning experiences, Vidyadarshan aims to empower students with the knowledge, skills, and values necessary for their academic and personal success.

b. Goal of the Project

15 specially selected students coming from moderate and poor socio-economic backgrounds achieve a vision and mission in life, adorned and motivated with knowledge, skills and attitude for value-based success at the end of the project period.

c. Objectives of the project

- A holistic educational experience obtained by 15 students of moderate socio-economic backgrounds.
- Students' leadership, decision-making, and problem-solving skills enhanced
- Awareness about career opportunities enhanced
- Students exposed to diverse real-world experiences in gender, environment and society
- Cross-cultural understanding enhanced among students

d. Summary of Programs Till 2024-25

- Educational Support Program: Provided educational support and kits to 25 very poor students.
- Support for students from poor families in continuing education, individual mentoring, training in personality development, life skills, arts, and sports, counselling and handholding.
- Support for students in continuing education, individual mentoring, training in personality development, life skills, arts, and sports, counselling and handholding.
- Distribution of School Education Materials: Distributed Wren and Martin Grammar Books and Commerce Text Books to 60 Plus Two-level students in St. Micheal's HSS.
- Providing Educational Support Materials: Provided educational materials (umbrella, water bottle, instrument box, grammar manuals) to 27 girl children in Pallithura HSS.
- Financial Support for Civil Services Coaching Program.
- English Proficiency Training program – Season 1: Spoken English Coaching Program
- Exposure and Learning Program: One-day tour to Planetarium, Wax Museum, Veli tourist village.
- Learning session on personal hygiene
- Environment Exploration Program: Visit to Republic Day parade, Miyawaki Forest, Craft Village, Kovalam Beach; Quiz program
- Learning session on environment

- Interaction with a certified Marine Diver on Marine Scuba Diving Experience
- House Visits: Feedback collection from parents
- Individual Support: Provided tuition fees for civil services coaching, financial input for Hindi language tuition classes.

Table No. 9. Summary of activities for the Financial Year 2023-2024

Date	Program	Details
2022-23	Motivation Program	Conducted at St. Micheal's HSS, Kadinamkulam. Clubbed with distribution of study materials to Plus One Students. Session by Sri. Manu, Motivation speaker.
April 2023	English Proficiency Course	Fluency, structured writing, grammar, communication.
April 2023	First Exposure Visit	Planetarium, Wax Museum, Hospital (conversation with a doctor personal hygiene), Shangumugham Beach, Veli Tourist Village.
April 2023	Second Exposure Visit	Republic Day Parade, Miyawaki Forests, Conversation with a Scuba Diver, Kovalam Beach.
April 17, 2023	Motivation Session for Adolescents	Conducted at Pallithura HSS, facilitated by Mr. Baby Prabhakar (Bluepoint NGO) - attended by 124 students.
February 29, 2024	Motivation Session for Adolescents	Conducted at Pallithura HSS by Vasanth Krishnan S., (Deputy Director & Mind Coach, NITER) -attended by 150 students.

After COVID, the project got activated with frequent house visits and school visits, and a rapport was built with the students and their families. Exposure visits conducted were instrumental in building up rapport and confidence in students. The locations were carefully identified to cope up with overall objective of the project to give importance to academic growth, environmental awareness, social consciousness and personality development.

e. Details of Programs in the Financial Year 2024-25

During the reporting year, Vidyadarshan organized various educational and motivational programs to help students learn new things, build confidence, and develop important life skills. These activities introduced students to different career paths, new experiences, and cultural interactions. As a result, students gained valuable knowledge and became more prepared for their future.

Programs in Nutshell (2024-25)

Table No. 10: List of Programs during 2024-25

Date	Name of Class	Resource Person
11.04.2024	Inauguration of Summer camp	Mr. Baby Prabhakar (Bluepoint NGO)

12.04.2024	Adolescents and Interpersonal Relationships	Ms. Unnimaya A.S. and Ms. Avani L.S.
16.04.2024	Motivation session	Ms. Jeni Garcia Rajan, Ms. Jerry Mark B.
17.04.2024, 18.04.2024, 19.04.2024	English Proficiency Training (3 Days)	Ms. Aswani V R
22.04.2024	Problem Solving and Decision Making	Mr. Thomas Wilson
23.04.2024	Leadership Skills Development	Mr. Thomas Wilson
24.04.2024	Addiction Among Adolescents	Ms. Rasna P.P.
25.04.2024	Life Skill Training	Ms. Punnya S Pradeep
10.08.2024	Career Orientation Program	Mr. Sunil John
28.09.2024	Career Coaching Program	Mr. Sunil John
16.11.2024	Interface Program with Swedish Students	With Swedish Social Work Students
21.12.2024	Christmas Celebration	Fr. Rabin SJ & Dr. Mary John J
23.01.2025	Motivation Session: How to Excel in Examinations	Baby Prabhakaran (The BluePoint Org.)
01.02.2025	Motivation Session: Overcoming Exam Challenges	Baby Prabhakaran (The BluePoint Org.)

Summer Camp Activities

The Summer Camp Activities were designed to provide students with practical knowledge, essential life skills, and confidence-building experiences.

i. Adolescents and Interpersonal Relationships

Led by Smt. Unnimaya A.S. and Avani L.S., this session provided students with valuable insights into navigating relationships during their adolescent years. Through engaging discussions and role-play activities, students explored the importance of healthy communication, trust, and emotional intelligence in maintaining strong personal connections.



ii. Addiction Among Adolescents

Conducted by Rasna P.P., this session aimed to create awareness about the dangers of substance abuse and addiction. The interactive session used

icebreakers, group discussions, and role-playing exercises to help students understand the consequences of addiction and how to resist peer pressure effectively.

iii. Problem Solving and Decision Making

Led by Mr. Thomas Wilson, this workshop equipped students with essential problem-solving techniques and decision-making strategies. The session emphasized the importance of logical thinking, analysing different perspectives, and making informed choices. Students participated in practical activities that challenged them to find solutions to real-life problems.



iv. Leadership Skills Development

Mr. Thomas Wilson facilitated this session provided a structured environment for students to enhance their leadership abilities. Through dynamic team-building exercises, thought-provoking discussions, and collaborative projects, students gained hands-on experience in decision-making, teamwork, and effective communication.

v. English Proficiency Training

Three-day English Proficiency Training session was led by Aswani V R. The program focused on fluency, writing, speaking, and sentence structuring, helping students enhance their command of the language.

vi. Life Skill Training

Life Skill Training was conducted under the guidance of Punnya S Pradeep, focusing on the 10 essential life skills proposed by WHO. These skills, including communication, decision-making, problem-solving, critical thinking, self-awareness, empathy, coping with stress, and emotional intelligence, were imparted to students through interactive sessions and hands-on activities. The training aimed to equip students with practical abilities to navigate personal and professional challenges effectively. By fostering these competencies, the program played a crucial role in enhancing students' confidence, resilience, and adaptability in various aspects of life.

vii. Back to School Program: Honouring SSLC Success and Motivational Sessions

To celebrate the remarkable success of Vidyadarshan students in the SSLC examinations, a special event was organized to acknowledge their achievements. This milestone not only highlighted their academic



dedication but also marked a significant accomplishment for the Vidyadarshan initiative. As part of the celebrations, Dr. Lenin Raj and Sri. Baby Prabhakar conducted engaging and insightful motivational sessions aimed at preparing students for the upcoming academic year. These sessions focused on inspiring students to set ambitious goals, enhance their self-confidence, and develop a positive mindset towards learning. The facilitators shared valuable life lessons, practical strategies for academic excellence, and techniques to overcome challenges.

Career Guidance and Coaching

On August 10, 2024, a Career Orientation Program was conducted at Adhwana Hall, offering students valuable insights into various career paths and professional growth opportunities. The event featured expert speakers from diverse industries who provided guidance on emerging career trends, higher education options, and essential skills required to excel in different fields. The sessions covered topics such as career planning, decision-making strategies, and the importance of adaptability in today's competitive job market. Students had the opportunity to engage in interactive discussions, seek advice from professionals, and explore potential career trajectories based on their interests and strengths. The program was led by Sunil John, who provided expert insights and mentorship to the participants.



Career Coaching Program

A Career Coaching Program was conducted on September 28, 2024, with a focus on goal-setting strategies and career planning. This session aimed to provide students with a structured approach to identifying their career interests, understanding their strengths, and setting clear, achievable goals. Sunil John guided students on essential aspects such as decision-making, self-assessment, and career exploration. The program included interactive workshops, real-life case studies, and practical exercises designed to enhance students' ability to set long-term career objectives.



Cultural and Exposure Programs



An Interface Program with Swedish Students took place on November 16, 2024, at Adhwana Hall. This event facilitated a meaningful cultural exchange, allowing students to interact with their Swedish counterparts and gain valuable insights into global education systems, cultural traditions, and social perspectives. The program included interactive discussions, group activities, and presentations that

enabled students to share experiences and broaden their understanding of international collaboration. Such initiatives play a vital role in fostering mutual respect, cross-cultural friendships, and a global outlook among students.

Christmas Celebration

A grand Christmas Celebration was held on December 21, 2024, bringing together students, parents, and guests for an inspiring and festive event. The celebration featured a variety of performances, including choir singing, skits, and dance performances, creating a joyful and spirited atmosphere. Attendees shared in the warmth of the season through acts of generosity, with gift exchanges and charitable contributions to those in need. The event fostered a sense of unity and strengthened the bonds within the Vidyadarshan community, making it a memorable occasion for all.



Motivation Session: How to Excel in Examinations

A motivational program on "*How to Excel in Examinations*" was held on January 23, 2025, at 10:00 AM at Pallithura Higher Secondary School, Trivandrum, for secondary students preparing for the March 2025 public examinations. Baby Prabhakaran, CEO of The BluePoint Org., facilitated the session, guiding students on effective study methods, time management, and creating a conducive study environment. The program was inaugurated by Dr. (Adv.) Mary John J., Member of CWC Thiruvananthapuram and Chairperson of Adhwana, and presided over by Mr. A. Anil Kumar, Headmaster of the school. Dignitaries including Leeja Fernandez (Senior Assistant), Becky Boy Silvester (PTA President), Petretia Xavier (Staff Secretary), Rajammal John (Administrative Officer, Adhwana), Avani L. S. (Program Coordinator, Vidyadarshan), Riyaz M. R. (Project Coordinator, Adhwana), and class teachers attended. Students reported gaining valuable insights and confidence to enhance their study strategies for the exams.



Motivation Session: Overcoming Exam Challenges

The session on "*Overcoming Exam Challenges*" was held at Adhwana Hall on February 1, 2025, at 10 AM, with 11 students participating. Baby Prabhakaran, CEO of The BluePoint Org., led the session, providing valuable insights on managing exam stress, enhancing focus, and adopting effective study techniques. Through discussions and real-life examples, he emphasized time management, smart revision strategies, and maintaining a positive



mindset. Adv. Dr. Mary John J. also addressed the students, highlighting the importance of self-discipline, perseverance, and a growth mindset in academic success. A Q&A segment allowed students to share concerns, with both speakers offering expert guidance on handling pressure and improving performance. The session's interactive approach left students motivated and better prepared for their exams. The event concluded with a vote of thanks, where participants expressed gratitude for the opportunity to gain confidence and develop effective study strategies. The session aligned with SDG 4 – Quality Education, reinforcing Adhwana's commitment to empowering students through meaningful educational initiatives.

House Visits

House visits were conducted for students who required closer academic and emotional support. These visits allowed the team to understand the student's home environment, identify challenges affecting their learning, and provide personalized guidance. Engaging directly with parents helped strengthen their involvement in the child's education, ensuring a more supportive atmosphere for academic growth. House visits also allowed for deeper discussions on study habits, motivation, and well-being, reinforcing the connection between students, teachers, and families.

School Visits

As part of our efforts to support students and monitor their academic progress, school visits were conducted across multiple institutions, including Govt. HSS Kazhakootam, St. Mary's Pattom, St. Michael's Kadinamkulam, and Pallithura HSS. These visits were to assess students' performance, classroom behaviour, and overall well-being. Many students showed steady progress, especially in language and social science subjects, while some struggled with Mathematics, Physics, and Chemistry. A few students also found it difficult to adjust to English as the medium of instruction, which affected their understanding of key concepts. Student engagement in the classroom varied. Some were active and eager to learn, while others found it hard to concentrate or stay motivated. Distractions and irregular study habits impacted the performance of certain students, making it clear that they need better study routines and academic support. On the other hand, some students excelled in their studies but were not involved in extracurricular activities, highlighting the need for a more balanced approach to education. Many students who participated in stage programs, debates, and school events displayed increased confidence and teamwork skills, showing the importance of co-curricular activities in their development.

The school visits highlighted key challenges, including the need for extra academic support, language barriers, and the impact of external pressures like parental expectations on students' confidence and motivation. To address these, remedial sessions, bilingual study materials, and digital tools were suggested, along with group study sessions and goal setting to keep students engaged. Strengthening teacher-parent communication is crucial in creating a supportive learning environment and ensuring realistic academic expectations. Encouraging extracurricular participation and mentorship programs can further boost confidence and overall development. While many students have shown improvement, others need additional guidance, making collaboration between teachers, parents, and school authorities essential for their success.

Exam Preparation Support

As part of our efforts to help students perform better in their exams, various support programs were conducted, including motivation classes, combined study sessions at Adhwana, and individualized PTA meetings. These initiatives aimed to boost students' confidence, enhance their study habits, and provide guidance. The motivation classes encouraged students to stay focused and positive, while the combined study sessions created a collaborative learning environment where students could clarify doubts and strengthen their understanding of key subjects. PTA meetings allowed for personalized discussions on students' progress and the best strategies to support them.

Personal Study Planning

To help students develop effective study habits, guidance was provided in creating personalized study timetables. Students were encouraged to set realistic goals, allocate time for each subject based on difficulty level, and include breaks to maintain concentration. This structured approach aimed to improve time management, reduce exam stress, and ensure comprehensive preparation. Teachers provided individual assistance in planning, ensuring that students could follow a well-balanced study routine tailored to their needs.

Regular Follow-Up

To ensure continuous academic progress and well-being, a regular follow-up system was implemented through calls and WhatsApp messages. Maintained close communication with students, teachers and parents, tracking individual progress and addressing concerns in a timely manner. Parents were regularly contacted to discuss their child's performance, identify areas needing improvement, and provide necessary guidance for better academic outcomes. This consistent follow-up helped reinforce study habits, monitor challenges, and offer personalized support, ensuring that students stayed on track with their learning goals.

f. Results Achieved

Through the various programs conducted, students developed greater confidence and motivation to actively participate in academics and extracurricular activities. They improved essential skills such as leadership, problem-solving, and decision-making, enabling them to approach challenges with a more analytical and proactive mindset. Career coaching and orientation programs provided them with a clearer understanding of different career opportunities, helping them make informed choices about their future paths. Life skills training equipped them with practical knowledge to navigate personal and social situations effectively, while English proficiency training enhanced their English communication skills. Additionally, cultural exchange programs broadened their perspectives, fostering an appreciation for diverse traditions and global learning experiences. These initiatives have contributed to shaping well-rounded, responsible, and future-ready individuals.

Education support to children

Additionally, in this sector, as part of reconstruction and development of the victim families of Ockhi cyclone, several activities were carried out to support the education of children such as provision of uniforms for school children and diploma students, tuition fees to all levels of students, etc.

Mother Teresa Day Care Centre (MTDCC)

Adhwana's interest and actions were extended to support the children with special needs (food, uniforms, tuitions, handholding, etc.) – mentally challenged children are safely trained and cared for in collaboration with Mother Teresa Day Care Centre. We have a tie up with this institution for supporting children with special care. There are 18 trained teachers and mentors and care givers. The MTDCC batch of 2024–2025 comprised a total of 75 students. Among them, 47 were male students and 28 were female students.

7.7. HEALTH AND SANITATION

This year Adhwana was able to construct 50 sanitary latrines for 50 families in Trivandrum District. As an organization, health and hygiene have been one of our key focus areas. Support was given to them as a means of reconstructing their lives from the effects of Ockhi Cyclone.

7.8. PARTNERSHIPS AND NETWORKS

As an NGO dedicated to advancing the Sustainable Development Goals (SDGs), Adhwana strategically implemented its projects through active partnerships and networking. Our doors have consistently remained open to like-minded NGOs and initiatives. Over the past year, we established connections with several international organizations focused on marine biodiversity conservation. Locally, we maintained strong ties with NGOs through social media platforms and our dedicated WhatsApp group, *Friends of Adhwana*. Key collaborators included Change Makers, Genie Kerala, ICSW, Loyola College, Trivandrum Social Service Society, Vincentian Service Society Centre for Rural Development (VSSCRD), Marymatha Vincentian Trust (MMVT), MSFS, Congregation of Divine Mercy (CDM), Santhigram, and all partner organizations of the Service Providing Centres (SPC) under the Women and Child Development Department, Government of Kerala.

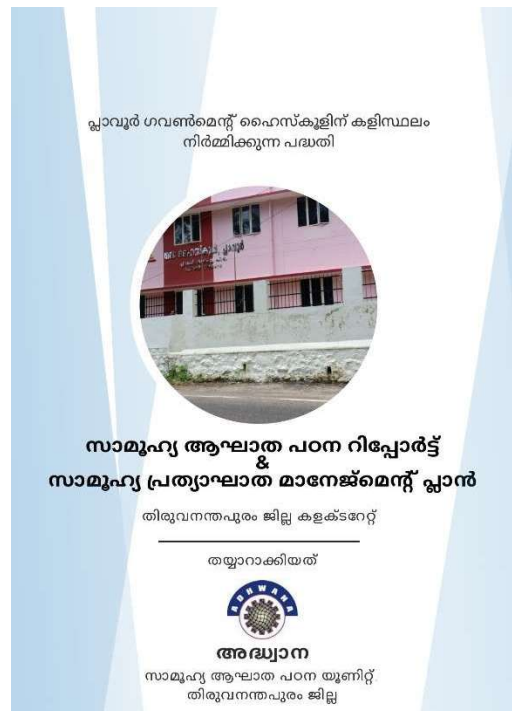
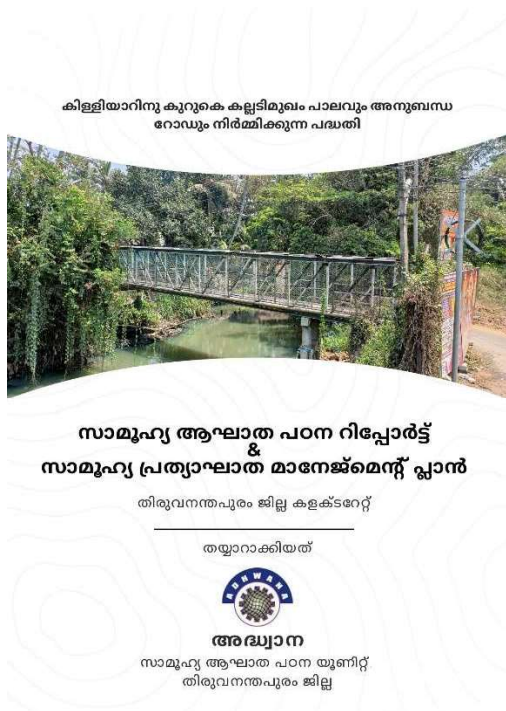
Accessory Arcade, Delhi provided substantial handholding support to Vidyadarshan Project this year. While, The Bluepoint Org extended an effective training support Vidyadarshan Project.

7.9. TRAINING, RESEARCH AND CONSULTING

Adhwana is known for its expertise and experience in providing training in development methodology, strategic planning, management and evaluation. Project preparation for fund raising for development projects has been our area of strength. Research related services are also offered by guiding researchers in social issues. Social Impact Assessments are one of the regular interventions for Government of Kerala.

Social Impact Assessments

In the year 2024-2025, Adhwana has made significant strides in conducting social impact assessments, following our empanelling by the District Collector of Thiruvananthapuram as a Social Impact Assessment Study Unit. During this period, we successfully completed the SIA studies for the acquisition of land Kalladimugham Bridge and its approach Roads and Playground for Govt. High School, Plavoor in Trivandrum District. These efforts underscore our commitment to providing comprehensive assessments that inform and facilitate sustainable development projects.



8. ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting (AGBM) was held on 16.07.2024. After discussions and clarifications, the AGBM unanimously passed the Annual Statement of Accounts and Annual Report for the reporting period. The meeting also reviewed the programs and projects implemented by Adhwana and dwelt seriously on the future plan.

9. GOVERNING BOARD MEETINGS

During the reporting period, 5 meetings of the Governing Board of Adhwana was conducted on 23rd August 2024, 25th August 2024, 6th October 2024, 25th January 2025 and 31st January 2025.

10. MICRO-INSURANCE

The activities in connection with Jeevan Madhur, an insurance scheme of LIC of India for the poor families are continued this year, too. There are about 100 beneficiaries in this scheme. They regularly pay their premium. Many received full sum assured amounts from LIC at the completion of their policies.

11. ADHWANA LIBRARY

Adhwana operates from a well-equipped office featuring modern computer systems and quality furniture. The space houses a carefully maintained and securely stored collection of approximately 2,000 books and periodicals. It is also supported by a reliable broadband Wi-Fi connection, providing uninterrupted internet access for staff and visitors alike.

12. ONLINE PRESENCE

Adhwana maintains a vibrant online presence through a well-developed website and active social media channels. This digital engagement boosts its visibility and strengthens community ties, effectively advancing its mission.

Website

During the reporting period, Adhwana's website, www.adhwana.org, was regularly updated with the latest information and photographs, thanks to the dedicated efforts of our expert consultant, Mr. Juno Lopez.

Social Media

During the reporting period, Adhwana actively maintained its Facebook and Instagram accounts, ensuring consistent posts and timely interactions. These platforms helped foster meaningful engagement with the audience and reinforced a strong online presence. Additionally, the WhatsApp group *Friends of Adhwana* continued to thrive, comprising a large number of supporters and well-wishers. The group focused on sharing content related to development and welfare, while strictly avoiding religious and political posts. This secular approach has been widely appreciated. The group was further strengthened with the inclusion of new members during 2024-25.

13. VOLUNTEERING

Adhwana has received valuable support from its dedicated volunteers. Three regular volunteers, all young, educated, and committed individuals, have consistently offered their services whenever needed, playing a vital role in the organization's activities.

14. INTERNSHIPS

Adhwana continued to welcome interns during the year. Three interns joined us, contributing to the Vidyadarshan Project and the Service Providing Centre Project. Their work focused on critical issues such as drug abuse among children and domestic violence. These interns were deputed by DePaul Institute of Science and Technology (DiST), Angamaly.

15. ANNUAL STATEMENTS OF ACCOUNTS

Annual Statements of Accounts for the FY 2024-25 has been audited by our auditor M/s Mathew & Thankachan, Kozhikode. The ASA along with previous years is uploaded in the Adhwana website.

16. DONATIONS

Donations received by Adhwana for various activities and projects are exempted from income tax under Section 80 G of Income Tax Act 1961. We have received substantial local support for Vidyadarshan Project by donations from friends and well-wishers.

17. PLANS FOR FUTURE

Adhwana continues to strengthen itself to be of more support to more communities in India in the areas of women empowerment and protection, livelihood and skill development, education and formation, child development, housing, counselling projects, environment conservation, etc. Next year being the beginning of our Silver Jubilee Year, Adhwana is planning to strengthen its journey towards sustainable development with focus on institutionalisation of its efforts.

1. Starting a placement service for unorganised workers
2. Starting a family counselling centre
3. Conducting studies on Muthalapozhi Disasters, Domestic Violence, Child Care and Protection, etc.

4. Conferences on Marine Environment, Child Rights, Atrocities against Women.
5. Vocational Training Centre in Modern Skills

18. CONCLUDING REMARKS

This year Adhwana has been actively involved in more projects and programs with the support and guidance of our partners. We look forward unreserved help from all to continue our mission in the years to come.

Shaji Zachariah

Secretary

Passed by Dr. J Mary John,
Chairperson